



Warbstow Primary Academy and Nursery

Small and mighty is the Warbstow Way

NEWSLETTER 6 - 18th October 2024

Dear Parents and Carers,

Thank you for your support this week with our Parent Consultations, it was excellent to see so many of you speaking with your child's teacher to hear about their progress and how they can be supported at home.

This week I have had a plea from teachers, one that I share. The children's water bottles! We note that most bottles in school are now filled up with squash. We are concerned about this as we are a water drinking school. The reason this concerns us is that we observe some children seemingly have a 'slump' or a 'heightened' experience mid-morning after drinking squash through the morning. We wonder if this could be related to drinking squash. This also coincides with our EYFS children embarking on the Big Brush project after half term. Good oral health is important as it can prevent tooth decay. In the South West we have a shortage of dentists and so we are encouraged by NHS and Dentistry organisations to promote good oral health, plus healthy living.

Tooth Decay...

- Affects 1 in 4 five year olds
- Causes 3 missed school days per child per year
- Is the leading cause of hospital admission for children
- Leaves children 4 x more likely to develop decay in adult teeth

"Diet drinks, 100% citrus fruit juices, and other no-sugar-added drinks can be surprisingly bad for your teeth. It's true that consuming beverages that are lower in sugar decreases your risk for tooth decay, but drinking diet or sugar-free beverages doesn't remove the risk entirely. Studies carried out on sugar-free beverages, sugar-free confectionery, and sports drinks demonstrated that "many of these products contained multiple acids and had low pH values." Essentially, many people think that switching from regular to diet drinks will keep their teeth healthy. Unfortunately, although they often contain no sugar, diet drinks usually cause about the same amount of dental erosion as regular drinks and can harm your teeth."
Colgate.

Please can we ask you to reconsider your child's drink choice and fill the bottles with water, in support of our water only school.

Next Friday, however, is our Break the Rules day! The children will be deciding on Monday which rules will be broken and we will communicate this with you. Please don't worry, it won't be too crazy! We do want to make it to half term after all!

I hope you all have a lovely weekend, Mrs Bancroft

A plea.....

It has been brought to our attention that our school library is lacking in comic style books. If you have any comic books that you no longer read at home and you'd be happy to donate to school, our pupils will thoroughly enjoy reading them for pleasure. Thank you.

Swimming – Year 3 & 4

Next week Year 3 & 4 have swimming lessons **every** afternoon. They will need to bring dry swim wear and towel to school each day.

Harvest Celebration



On Wednesday 23rd October we will hold our annual harvest celebration, parents are invited to join the celebration at 9am in the Community Hall. Each class are busy preparing a little something to share with you. As in previous years will be collecting tinned food, dried goods and toiletries for Launceston Food Bank. Donations can be dropped at the school office. Thank you for your support.

Warbstow PTA

Thank you to all who have bought lottery tickets so far, please spread the word to family and friends. Tickets are £1 a week. The first draw is 2nd November 2024.

[Support Warbstow Primary Academy when you play Your School Lottery - Your School Lottery](#)

A few dates for your diary....

Friday 25th October – Break the Rules day sweet sale at 3.20pm.

Friday 22nd November – Jumble sale and cake stall. A great way to get ahead for the big event in December. Donations can be accepted after half term.

We now have an email address for the PTA, if you can offer to help support in any way or would like to contact the PTA please use warbstowpta@gmail.com

The date of the next meeting is Wednesday 6th November after school drop off. Venue TBC.

Dates

21st – 25th Oct – Year 3 & 4 swimming

23rd Oct – Harvest Celebration, 9am in the Community Hall

25th Oct – Open Morning 8.40-9.00am

25th Oct – Break the Rules Day

28th Oct – 1st Nov – Half Term

22nd Nov – PTA jumble & cake sale

4th Dec – Paddington Christmas performance - morning

11th Dec – Attenborough Nativity – afternoon performance

17th Dec – Christingle Service at St Werburgh's Church, Warbstow

20th Dec – End of Term

6th Jan – Inset

14th Feb – Inset

17th – 21st Feb – Half Term

7th – 21st April – Easter Holidays

22nd April – Inset

26th – 30th May – Half Term

23rd July – Last day of term