



Warbston Primary Academy and Nursery

Small and mighty is the Warbston Way

NEWSLETTER 4 - 4th October 2024

Dear Parents and Carers,

Next week marks World Mental Health Day. Warbston will be joining thousands of schools across the UK and taking part in Hello Yellow in support of YoungMinds on Thursday 10 October. This is in support of our kindness value. This week we started discussing how we can indeed be kind to ourselves, take care of our wellbeing and reach out when things are tougher.

This year, schools, companies and communities across the UK are standing together on World Mental Health Day (Thursday 10 October) and brightening up the country by wearing yellow and fundraising for YoungMinds to show young people they're not alone.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same.

No young person should feel alone with their mental health. But together, we can change this.

To take part, children can wear yellow to school, we are lucky that we have a bright yellow school shirt - feel free to wear uniform or something even more yellow, as bright and sunny as possible!



Finally, YoungMinds have resources for parents and carers to find help and advice, if you're ever concerned about a child or young person – you can find this on their website: [Parents Mental Health Support](#) | [Advice for Your Child](#) | [YoungMinds](#). If you have any questions, please let us know.

This week's Awesome at Warbston awards have gone to...



I hope you all have a lovely weekend, Mrs Bancroft

Arbor App

We will now be using Arbor In-app messaging as a way of communication. You will need to be registered with Arbor, ideally using the App or as a browser window on your computer. A notification will be sent via the app when you have a message to read. The Arbor app is also where you can book parent consultation meetings, book your child into some after school clubs and view your child's information and consents. More information about using the app can be found using this link. [Arbor Parent App - The Aspire Academy Trust](#)

Parent Consultations, 14th and 16th October

The booking portal for parent consultation meetings opens at 6pm on Friday 4th October. All meetings will be held at the Community Hall, when booking using the Arbor App please allow a 10 minute gap between appointments if your children have different teachers. Please note, Paddington parent consultation meetings are on Monday 14th October only.

Harvest Celebration



On Wednesday 23rd October we will hold our annual harvest celebration, parents are invited to join the celebration at 9am in the Community Hall. As in previous year will be collecting tinned food, dried goods and toiletries for Launceston Food Bank. Donations can be dropped at the school office from Monday 7th October. Thank you in advance for your support.

NHS Foundation Trust, S.P.A.C.E sessions



Due to the popularity of the S.P.A.C.E course there are now three available sessions that parents can sign up to.

Please see links below to sign up:

Monday 4th November at 10.00am

- <https://forms.office.com/e/qFxfQicqxe>

Monday 4th November at 6.00pm

- <https://forms.office.com/e/2xA1tY62sC>

Monday 4th November at 8.00pm

- <https://forms.office.com/e/nsdVXmD4YN>

Tempest School Photos

Orders for Tempest photos can be placed online using the unique identifier on your child's picture or by returning the form to the school office. Please place orders within 2 weeks to benefit from free delivery back to school.

Break the Rules Day

Friday 25th October is BREAK THE RULES day. As part of us thinking about looking after ourselves we discussed how fun, laughter and smiles are a great tonic for a grey day! We will mark the end of this half term with a Break The Rules Day! Rules to be broken will be decided together in school! More information to follow... One such rule is that children are invited to break the school uniform rule and come to school in non-uniform. We would like to suggest a donation to our PTA fundraising of £1, you can of course give more if you would like to. Any funds raised will help towards new play equipment for the playground.

Dates

- 10th Oct – World Mental Health Day, wear yellow
- 14th Oct – Parent Consultations for all classes
- 16th Oct – Parent Consultations for Attenborough and Earhart classes
- 21st – 25th Oct – Year 3 & 4 swimming
- 23rd Oct – Harvest Celebration, 9am in the Community Hall
- 25th Oct – Open Morning 8.40-9.00am
- 25th Oct – Break the Rules Day
- 28th Oct – 1st Nov – Half Term
- 4th Dec – Paddington Christmas performance - morning
- 11th Dec – Attenborough Nativity – afternoon performance
- 17th Dec – Christingle Service at St Werburgh's Church, Warbstow
- 20th Dec – End of Term
- 6th Jan – Inset
- 14th Feb – Inset
- 17th – 21st Feb – Half Term
- 7th – 21st April – Easter Holidays
- 22nd April – Inset
- 26th – 30th May – Half Term
- 23rd July – Last day of term